

ADVENTURES IN BALANCE

Mystical India | Sept. 18th - October 1st 2020

Day 1

Arrival Day – Friday, September 18th

6:30–8:30 am Morning Practice
8:30–9:00 am Breakfast Buffet
9:30 am Check Out and Drive to Agra
Drive to Agra (4 hrs.)
Lunch & Visit Agra Fort
Check into DoubleTree by Hilton,
Free Time
TBA Dinner at Hotel - DoubleTree
by Hilton

Day 2

September 19th

4:30–5:00 am Tea/Coffee/Snacks
5:00 am Bus pick up for Taj
6:00–9:00 am Visit Taj Mahal at Sunrise (6:16am)
9:00–10:00 am Morning Practice
10:00 am Breakfast Buffet
11:00 am Bus pick-up and drive to Vrindavan
TBD Check in and Lunch at Nidhivan
Sarovar Portico
TBD Guided Walk Through Town & Temple
Visits – Prem Mandir
7:30–8:30 pm Dinner

*Wear bright colors and put on bug spray.

Day 3

September 20th

6:30–8:30 am Morning Practice
8:30–9:30 am Breakfast Buffet
10:00 am All-Day Tour, Bus Pick up
Visit Ashram to do Seva (Karma Yoga)
Visit village & Banshi Vat/Ancient Tree
Visit to famous Banke Bihari Temple
Lunch Buffet at Hotel
4:00–5:00 pm Boat Ride on the Yamuna Right
Before Sunset
5:00–6:00 pm Yamuna Aarti at the Ghat
7:30–8:30 pm Buffet Dinner at Hotel

Day 4

September 21st

6:30–8:30 am Morning Practice
8:30–9:30 am Breakfast Buffet
10:00 am Check Out and Bus to Jaipur
2:00 pm Lunch on the Way
TBD Check in at Samode Bagh Hotel
TBD Free Time
TBD Dinner

ADVENTURES IN BALANCE

Mystical India | Sept. 18th - October 1st 2020

Day 5

September 22nd

6:30–8:30 am	Morning Practice in the Gardens
8:30–9:30 am	Buffet breakfast
10:00–4:00 pm	Visit Elephant Sanctuary
4:00–5:00 pm	Free Time
6:00–10:00 pm	Gala Evening – Wear your Best & Brightest Outfit!

Day 6

September 23rd

6:30–8:30 am	Morning Practice in the Gardens
8:30–9:30 am	Breakfast Buffet
10:00 am	Check Out and Bus Pick Up
11:30–1:30 pm	Visit Amber Fort
2:00 pm	Check in and Lunch at Samode Haveli Hotel
5:30–6:30 pm	Free Time
7:30–9:00 pm	Dinner at Hotel with Live Music

Day 7

September 24th

6:30–8:30 am	Morning Practice
8:30–9:30 am	Breakfast Buffet
10:00–4:00 pm	Half-Day Tour of the Pink City Jaipur*
4:00 pm	Free Time
TBD	Palm Reader Available (Additional Cost)
7:30–9:00 pm	Dinner on your own

Includes: Palace of Winds, Observatory, City Palace, Lunch, Shopping (For those who want to.)

Day 8

September 25th

6:00–6:30 am	Tea/Coffee with Fruit and Pastries
6:30–9:00 am	Walking Tour of the Pink City Jaipur
9:00–10:00 am	Morning Practice
10:00–11:00 am	Breakfast Buffet
11:00 am	Checkout & Take Bus to Pushkar
TBD	Check in to Westin Pushkar Resort
TBD	Free Time
TBD	Sunset Camel Ride
TBD	Dinner at Hotel

ADVENTURES IN BALANCE

Mystical India | Sept. 18th - October 1st 2020

Day 9

September 26th

6:30–8:30 am Morning Practice
8:30–9:30 am Breakfast
Free time to explore the city
Optional hikes to temples with
Rebecca guiding
Dinner on your own

Day 10

September 27th

TBD Drive to Jaipur, Fly to Dehradun
via Delhi
TBD Check in to Veda 5
TBD Dinner
TBD Free Time

Day 11

September 28th

6:30–8:30 am Morning Practice
8:30–9:30 am Breakfast
10:00 am Optional Hike to Local Temple
1:30 pm Lunch
2:00–7:30 pm Free Time/Ayurvedic Treatments*
7:30–8:30 pm Dinner

*Optional to Visit Ayurvedic Doctor – Additional Cost)

Day 12

September 29th

6:30–8:30 am Morning Practice
8:30–9:30 am Breakfast
10:00 am All Day Guided Tour
Visit Vashistha Caves
Snacks & Optional Dip in the
Ganges – Bring Swimsuit
TBD Free time to shop or visit the
Beatles Ashram
6:00–7:00 pm Ganga Aarti
8:00 pm Dinner

ADVENTURES IN BALANCE

Mystical India | Sept. 18th - October 1st 2020

Day 13

September 30th

6:30–8:30 am	Morning Practice
8:30–9:30 am	Breakfast
9:30 am	Check Out and Head to Airport
TBD	Flight to Delhi
	Check in at the Radisson
	Farewell dinner

Day 14

October 1st

6:30–8:30 am	Morning Practice
8:30–9:30 am	Breakfast Buffet
	Retreat officially Ends!
	Airport/Hotel Transfers
10:30 am	Shopping in Delhi - Khan Market and Hauz Khas

*Times are subject to change due to unforeseen circumstances